

3rd Interdisciplinary Pain and Opioid Crisis

VIRTUAL SEMINAR

APRIL 23 - 24, 2021

Best Practices in Cancer Pain Management in the Era of the
Opioid Crisis and the COVID-19 Pandemic



THE UNIVERSITY OF TEXAS
**MDAnderson
Cancer Center**

Making Cancer History®



For more information, please call Continuing Professional Education (CPE) at 713-792-2223 or visit our website at <https://bit.ly/3qGKzxD>

3rd Interdisciplinary Pain and Opioid Crisis Seminar

VIRTUAL SEMINAR | April 23-24, 2021



INTRODUCTION

Opioids are one of the most useful medications in healthcare but unfortunately, their inappropriate use has become a major concern in the medical community. The etiology and solutions to the opioid crisis are multifaceted and therefore require an inter-professional workforce to address it. This exciting educational event will bring together a wide range of participants and world expert faculty with diverse clinical and research backgrounds in pain and opioids. It will foster high-quality collaboration and information sharing. Attendees will gain immense knowledge while earning valuable CME credits and Maintenance of Certification (MOC) points from the American Board of Internal Medicine (ABIM) and American Board of Anesthesiology (ABA) as well as NCPD Nursing credits from the American Nursing Credentialing Center (ANCC).

GOAL

The 2021 Pain and Opioid Crisis Seminar will offer essential up-to-date information regarding the safe use of opioids for pain management. It will provide practical evidence-based solutions to address clinical, public health, and legal ramifications with its inappropriate use and ultimately improve patient outcomes. The goal is to improve provider knowledge and proficiency regarding the use of opioids.

EDUCATIONAL OBJECTIVES

After attending the seminar, participants should be able to:

- Apply the latest evidence-based principles of pain management and chronic opioid therapy;
- Understand the scope and magnitude of the opioid epidemic;
- Learn about the skills in working with teams to manage cancer pain in a holistic fashion;
- Utilize practical strategies and skills to address nonmedical opioid use;
- Implement ways to improve patient care and ensure patient safety related to the use of opioids.

TARGET AUDIENCE

This program will be of interest to all health care providers including those who prescribe opioids (medical oncologists, pain and palliative care physicians, emergency room physicians, primary care physicians, advanced practice providers), administer opioids (nurses, pharmacists), or are involved with patients on opioids (psychiatrists, psychologists, social workers, case managers, and clinical leaders). It will also be relevant to other stakeholders including policy makers.

ACCREDITATION/CREDIT DESIGNATION - PHYSICIANS

The University of Texas MD Anderson Cancer Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Texas MD Anderson Cancer Center designates this live internet course for a maximum of 12.75 *AMA PRA Category 1 Credits™*, of which all have been designated in the area of medical ethics and/or professional responsibility. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine (ABIM) Maintenance of Certification

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12.75 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Participant completion data will be shared with and transmitted to the ACCME on the participant's behalf. In order to receive MOC points, you must pass the post-test with a score of 70% or higher.

American Board of Anesthesiology (ABA) Maintenance of Certification

This live activity offers ABA MOCA 2.0 Part 2 (Lifelong Learning and Self-Assessment) credits in the Maintenance of Certification in Anesthesiology Program® (known as MOCA 2.0®). Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABA MOC credit.

Participant completion data will be shared with and transmitted to the ACCME on the participant's behalf. The Maintenance of Certification in Anesthesiology Program® is a registered certification mark of the American Board of Anesthesiology®. MOCA 2.0® is a trademark of the American Board of Anesthesiology®.

ACCREDITATION/CREDIT DESIGNATION - NURSING

The University of Texas MD Anderson Cancer Center is accredited with distinction as a provider of Nursing Continuing Professional Development by The American Nurses Credentialing Center's Commission on Accreditation. The University of Texas MD Anderson Cancer Center designates this course will award 12.75 Nursing Continuing Professional Development (NCPD) credits which includes 4.5 Pharmacotherapeutics and 4.5 Controlled Substance Credit.

FEATURED SPEAKERS



3rd Interdisciplinary Pain and Opioid Crisis Seminar



JUDITH A. PAICE, PhD, RN
Research Professor of Medicine
Director, Cancer Pain Program
Division, Hematology-Oncology
Northwestern University
Chicago, Illinois



EDUARDO BRUERA, MD
Professor and Chair
Department of Palliative,
Rehabilitation & Integrative
Medicine
MD Anderson Cancer Center
Houston, Texas



**JEANNINE M. BRANT, PhD,
APRN, AOCN, FAAN**
Director and Lead Scientist
Collaborative Science and
Innovation Oncology
Clinical Nurse Specialist,
Pain/Palliative Care Consultant
Billings Clinic
Billings, Montana



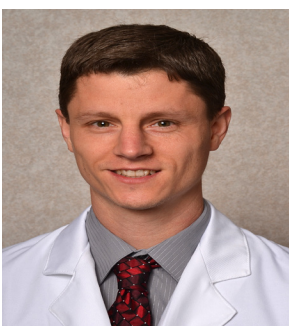
LARRY DRIVER, MD
Professor
Department of Pain Medicine
MD Anderson Cancer Center
Houston, Texas



LAKSHMI KOYALAGUNTA, MD
Professor and Medical Director
Regional Care Centers
Department of Pain Medicine
MD Anderson Cancer Center
Houston, Texas



SURESH REDDY, MD
Professor and Section Chief
Department of Palliative,
Rehabilitation & Integrative
Medicine
MD Anderson Cancer Center
Houston, Texas



JUSTIN KULLGREN, PHARM D
Clinical Pharmacy Specialist
The Ohio State University
Wexner Medical Center
Past President - Society of Pain
and Palliative Care Pharmacists
Columbus, Ohio



**EDEN MAE RODRIGUEZ,
PHARM D, BCPS**
Clinical Pharmacy Specialist
Pharmacy Services
University of Texas
Southwestern Medical Center
Dallas, Texas

PROGRAM



3rd Interdisciplinary Pain and Opioid Crisis Seminar

Friday, April 23, 2021

NOTE: All time is in Central Standard Time (CST)

7:45-8:00 a.m.	Pre-Seminar Questionnaires	12:45 - 1:30 p.m.	Non-malignant Pain in Patients with Cancer: The Twilight Zone David Hui, MD
8:00-8:15 a.m.	Welcome and Award Ceremony Joseph Arthur, MD	1:30-2:15 p.m.	Concurrent Use of Opioids and Benzodiazepines in Cancer Pain: Risks and Alternatives Ali Haider, MD
8:15-9:15 a.m.	Keynote: Pain, Opioids Use Disorder and COVID-19 Pandemic: Navigating the Current Challenges of Cancer Pain Management Judith Paice, PhD, RN	2:15-3:00 p.m.	Buprenorphine for Pain and Opioid Use Disorder: Pharmacologic Considerations Justin Kullgren, PharmD
9:15-9:45 a.m.	Opioid Prescribing, Telehealth and COVID-19 Pandemic: Regulatory and Legislative Perspectives Larry Driver, MD	3:00-3:10 p.m.	Break
9:45-10:15 a.m.	Opioid Pain Management and Telemedicine During COVID-19 Pandemic: The Way Forward Akhila Reddy, MD	3:10-3:55 p.m.	Non-pharmacologic Alternatives to Opioid Pain Management: What's the Evidence Santhosshi Narayanan, MD
10:15-10:25 a.m.	Break	3:55-4:40 p.m.	Legalization and Utilization of Medical Marijuana: Where are We Now? Kimberson Tanco, MD Larry Driver, MD
10:25-11:10 a.m.	Effect of an Enhanced Surgical Program on Opioid Utilization: A Step in the Right Direction Chien-Wei Tzeng, MD Bryce Speer, MD	4:40-5:25 p.m.	Meet the Professor: An Interactive Discussion on Opioid Therapy, the Opioid Crisis, and COVID-19 Pandemic Eduardo Bruera, MD Judith Paice, PhD, RN
11:10-11:55 a.m.	It Takes a Village: An Institutional Collaborative Effort to Manage Cancer Pain and Mitigate Nonmedical Opioid Use Shalini Dalal, MD	5:25-5:30 p.m.	Adjourn Tonya Edwards, APRN
11:55-12:35 p.m.	Use and Nonmedical Use of Opioids in the Pediatric Population: What Do We Know? Kevin Madden, MD		
11:35-12:45 p.m.	Break		

PROGRAM



3rd Interdisciplinary Pain and Opioid Crisis Seminar

Saturday, April 24, 2021

NOTE: All time is in Central Standard Time (CST)

- | | |
|------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 8:10-8:15 a.m. | Welcome
Joseph Arthur, MD |
| 8:15-9:00 a.m. | Methadone, Buprenorphine, and Naltrexone: Managing Comorbid Substance Use Disorder and Cancer Pain
Lakshmi Koyyalagunta, MD |
| 9:00-9:45 a.m. | The Nurse and the Opioid Crisis: Perceptions, Knowledge, and Personal Challenges
Jeannine Brant, PhD, APRN |
| 9:45-10:25 a.m. | Urine Drug Testing in Routine Opioid Therapy
Eden Mae Rodriguez, PharmD, BCPS |
| 10:25-10:35 a.m. | Break |
| 10:35-11:10 a.m. | Prescription Drug Monitoring Program: A Useful Tool for Opioid Prescribers
Kristy Nguyen, PharmD |
| 11:10-12:10 p.m. | Let's Have a CHAT: Managing Nonmedical Opioid Use During the Pandemic
Joseph Arthur, MD
Michael Tang, MD
Angelica Torres MS, LPC, LCDC
Suresh Reddy, MD |
| 12:10-12:55 p.m. | The 7 Deadly Sins of Opioid Prescribing
Eduardo Bruera, MD |
| 12:55-1:00 p.m. | Post-Seminar Questionnaires / Seminar Wrap Up
Tonya Edwards, APRN |

SPEAKERS AND MODERATORS



3rd Interdisciplinary Pain and Opioid Crisis Seminar

Joseph A. Arthur, MD (Conference Chair)

Associate Professor
Department of Palliative, Rehabilitation & Integrative Medicine
MD Anderson Cancer Center
Houston, Texas

Jeannine M. Brant, PhD, APRN, AOCN, FAAN

Director and Lead Scientist, Collaborative Science and Innovation
Billings Clinic
Billings, Montana

Eduardo Bruera, MD

Professor and Department Chair
Department of Palliative, Rehabilitation & Integrative Medicine
MD Anderson Cancer Center
Houston, Texas

Shalini Dalal, MD

Professor
Department of Palliative, Rehabilitation & Integrative Medicine
MD Anderson Cancer Center
Houston, Texas

Larry Driver, MD

Professor
Department of Pain Medicine
MD Anderson Cancer Center
Houston, Texas

Tonya Edwards, APRN

Advanced Practice Nurse
Department of Palliative, Rehabilitation & Integrative Medicine
MD Anderson Cancer Center
Houston, Texas

Ali Haider, MD

Assistant Professor
Department of Palliative, Rehabilitation & Integrative Medicine
MD Anderson Cancer Center
Houston, Texas

David Hui, MD

Associate Professor
Department of Palliative, Rehabilitation & Integrative Medicine
MD Anderson Cancer Center
Houston, Texas

Lakshmi Koyyalagunta, MD

Professor and Medical Director
Regional Care Centers
Department of Pain Medicine
MD Anderson Cancer Center
Houston, Texas

Justin Kullgren, PharmD

Clinical Pharmacy Specialist
Past President, Society of Pain and Palliative Care
The Ohio State University Wexner Medical Center
Columbus, Ohio

Kevin Madden, MD

Assistant Professor
Department of Palliative, Rehabilitation & Integrative Medicine
MD Anderson Cancer Center
Houston, Texas

Santhosshi Narayanan, MD

Assistant Professor
Department of Palliative, Rehabilitation & Integrative Medicine
MD Anderson Cancer Center
Houston, Texas

Kristy Nguyen, PharmD

Clinical Pharmacy Specialist
Pharmacy Clinical Programs
MD Anderson Cancer Center
Houston, Texas

Judith A. Paice, PhD, RN

Research Professor of Medicine
Director, Cancer Pain Program
Division, Hematology-Oncology
Northwestern University
Feinberg School of Medicine
Chicago, Illinois

Akhila Reddy, MD

Associate Professor
Department of Palliative, Rehabilitation & Integrative Medicine
MD Anderson Cancer Center
Houston, Texas

Suresh Reddy, MD

Professor and Section Chief
Department of Palliative, Rehabilitation & Integrative Medicine
MD Anderson Cancer Center
Houston, Texas

Eden Mae Rodriguez, PharmD, BCPS

Clinical Pharmacy Specialist
Department of Pharmacy Services
University of Texas Southwestern
Medical Center
Dallas, Texas

Bryce Speer, MD

Associate Professor
Department of Anesthesiology & Peri-Operative Medicine
MD Anderson Cancer Center
Houston, Texas

Kimberson Tanco, MD

Associate Professor
Department of Palliative, Rehabilitation & Integrative Medicine
MD Anderson Cancer Center
Houston, Texas

Michael Tang, MD

Assistant Professor
Department of Palliative, Rehabilitation & Integrative Medicine
MD Anderson Cancer Center
Houston, Texas

Angelica Torres MS, LPC, LCDC

Senior Counselor
Department of Palliative, Rehabilitation & Integrative Medicine
MD Anderson Cancer Center
Houston, Texas

Ching-Wei Tzeng, MD

Associate Professor
Department of Surgical Oncology
MD Anderson Cancer Center
Houston, Texas

PLANNING COMMITTEE



3rd Interdisciplinary Pain and Opioid Crisis Seminar

Joseph Arthur, MD (Program Chair)

Associate Professor
Palliative, Rehabilitation & Integrative Medicine
MD Anderson Cancer Center

Eduardo Bruera, MD (Departmental Chair)

Professor
Palliative, Rehabilitation & Integrative Medicine
MD Anderson Cancer Center

David Hui, MD

Associate Professor
Palliative, Rehabilitation & Integrative Medicine
MD Anderson Cancer Center

Amy Swan, MD

Assistant Professor
Palliative, Rehabilitation & Integrative Medicine
MD Anderson Cancer Center

Lakshmi Koyalagunta, MD

Professor
Department of Pain Medicine
MD Anderson Cancer Center

Linh Nguyen, MD, MEd, EdD

Associate Professor of Palliative Medicine
Department of Internal Medicine
Division of Geriatric and Palliative Medicine
University of Texas Health Science Center of Houston

Avery Virgilio, APRN

Advanced Practice Nurse
Palliative, Rehabilitation & Integrative Medicine
MD Anderson Cancer Center

Michelle Carroll, APRN

Advanced Practice Nurse
Palliative, Rehabilitation & Integrative Medicine
MD Anderson Cancer Center

Tonya Edwards, APRN

Advanced Practice Nurse
Palliative, Rehabilitation & Integrative Medicine
MD Anderson Cancer Center

Diane Barber, BSN, MSN, PhD, RN

Manager, Advanced Practice Provider
Investigational Cancer Therapeutics
MD Anderson Cancer Center

Diane P. Hecht, PharmD

Manager, Clinical Pharmacy Services
Pharmacy Continuing Education Program
MD Anderson Cancer Center

Kristy Nguyen, PharmD

Clinical Pharmacist Specialist
Pharmacy Clinical Program
MD Anderson Cancer Center

Patricia A. Heitz, BS, MEd, RN

Nurse Educator
Division of Nursing
MD Anderson Cancer Center

Chris Whitcher, EdD, MSN, RN, MBA, NPD-BC, OCN

Nurse Educator, Lead Nurse Planner
Division of Nursing
MD Anderson Cancer Center

Tameka Sneed

Program Coordinator
Palliative, Rehabilitation & Integrative Medicine
MD Anderson Cancer Center

LaShaunte Range

Senior Administrative Assistant
Palliative, Rehabilitation & Integrative Medicine
MD Anderson Cancer Center

Angelica Castillo*

Senior Conference Coordinator
Continuing Professional Education
MD Anderson Cancer Center

Maysinaneroni Maiava*

Conference Coordinator
Continuing Professional Education
MD Anderson Cancer Center

The University of Texas MD Anderson Cancer Center has implemented a process whereby everyone who is in a position to control the content of an educational activity must disclose all relevant financial relationships with any commercial interest that could potentially affect the information presented. MD Anderson also requires that all faculty disclose any unlabeled use or investigational use (not yet approved for any purpose) of pharmaceutical and medical device products. Specific disclosure will be made to the participants prior to the educational activity.

Agendas are subject to change because we are always striving to improve the quality of your educational experience. MD Anderson may substitute faculty with comparable expertise on rare occasions necessitated by illness, schedule conflicts, and so forth.

Photographing, audio taping and videotaping are prohibited.

The University of Texas MD Anderson Cancer Center does not endorse the commercial products, equipment, or services presented by program supporters/exhibitors.

Please let us know what specific topics, issues or questions you wish to see addressed or emphasized in this activity. Email Continuing Professional Education at PEPinfo@MDAnderson.org. All responses will be forwarded to the Program Chairs for consideration.

Registration Information

~Live Internet Course~

The two-day 3rd Interdisciplinary Pain and Opioid Crisis Seminar will begin on Friday, April 23, 2021, with Opening Remarks at 7:45 am and will adjourn for the day at 5:30 p.m. The seminar will reconvene on Saturday, April 24, 2021 at 8:10 am and adjourn at 1:00 p.m. Advanced registration is encouraged.

Course registration includes on-line materials, presentation video recordings and power point presentations.

The deadline for advanced registration is Wednesday, April 14, 2021.

To register online, visit our website at <https://bit.ly/3qGKzxD>

For more information, please call Continuing Professional Education (CPE) at 713-792-2223.

Registration Fees

MDA MDs	\$175.00
MDA PhDs/Pharmacists/Nurses/APPs	\$100.00
Non-MDA MDs	\$200.00
Non MDA PhDs/Pharmacists/Nurses/APPs	\$125.00
MDA trainees/Allied Health Professionals	\$ 50.00
Non MDA trainees/Allied Health Professionals	\$ 75.00

Special Assistance

Contact the Department of Continuing Professional Education at 713-792-2223 or toll free at 866-849-5866 if you have any ADA accommodation needs.

